



Colour Rush Accessible Routes - Notes for Participants

- The Accessible Routes have been devised to enable individuals who use manual wheelchairs, motorised wheelchairs and for adults pushing buggies or pushchairs to participate in the Colour Rush event.
- There are 2 Accessible Routes available
 1. A 1.4 km Wheelchair Route, flat, even, obstacle free and designed not to compromise a wheelchair battery nor physical challenges to distance
 2. A 3.9km running route for adults pushing buggies or pushchairs
- 'Accessible' in this case means we have given due consideration to, and sought advice regarding gradients, road and path surface material, adverse camber, dropped curbs, pavement width, obstacles and road crossings and intersections.
- We strongly advise that wheelchair participants try out the route prior to participating in the event to identify any issues that relate specifically to their chair.
- We strongly advise that all wheelchair users are accompanied by a race support buddy / carer to keep an eye and help with any difficulty that may be encountered on route. Each wheelchair using participant will be allowed 1 x Support Buddy / Carer entrant free of charge.

- You may want to consider protecting your wheelchair and maybe especially its controls from the paint powder. Our paint throwers will be instructed to aim for the tee shirt and chest, but it's powder so does carry in the slightest breeze
- We advise the use of a face visor or shield if you have concern over the powder paint going onto your face, mouth or nose areas or have respiratory problems.

Please contact us on info@docadevizes or call 07500 786541 if you have any specific questions not covered here.